



- Application** Safety device to mitigate suspension trauma
- Fitment** Manufactured with any *Hilsen* harness
- To deploy**
  - a. Pull on webbing tabs to release step
  - b. Pull step out of pouch until fully deployed
  - c. Adjust step using floating buckle
  - d. Insert foot (or both feet) into step
  - e. Stand up to relieve pressure from leg straps
- Adjustment**
  - f. Remove foot (or feet) from step
  - g. Adjust step using floating buckle
  - h. Insert foot (or both feet) into step
  - i. Stand up to relieve pressure from leg straps
- Be aware** Training is required to use this device

**Component**

- Primary webbing
- Webbing tabs
- Standard buckle
- Padding
- Webbing
- Velcro
- Yarn

**Material properties**

- Polyester 44mm wide with breaking strength of 22kN
- Red 25mm webbing
- Alloy steel 2/3 bar buckle so suit 44mm webbing
- High density foam padding
- Polypropylene 50mm
- 25mm Velcro male and female
- Polyester thread with colour contrasting to webbing colour

- Product standards** N/a
- Conforms to** N/a
- Manufacturer** Hilsen, PO BOX 890177, Lyndhurst, Johannesburg, 2106
- Permit numbers** 10853/17054, 10853/17064, 10853/17055

**Disclaimer and product limitations**

Maximum weight of user (including clothing, PPE and tooling) is 100kg up to Fall Factor 1, and 120kg up to Fall Factor 2.

Adequate training on correct use of this equipment must be provided to the user by a competent person before this equipment is issued for use. Simply reading the equipment user instructions does not suffice as adequate training. This equipment must not be used by a person with any medical condition that could affect their safety when using the equipment in normal or emergency use. It is recommended that at least every three months the fall arrest system (or component) or other equipment be inspected by a competent person. This equipment is intended to be used for 'fall arrest', 'work restraint' and/or 'rope access' as indicated. This equipment is not intended to be used for any other purpose other than indicated and may not be used outside of its limitations. This equipment becomes obsolete 5 years from manufacture date, regardless of the condition of the equipment. This equipment must be used strictly in accordance with the instructions given and without deviation. This equipment is used entirely outside of the manufacturer's control and accordingly the manufacturer cannot be held liable for any loss, claim or liability arising from any failure of this equipment from any cause whatsoever.